

Name of Block: Trippin Around Arnprior

The Theme for this BOM is based on the colours of the ADQG Logo, a Block called Friendship Star. The ADQG logo: Symbolizing the spirit of friendship that is always present at the guild. Blue represents the Madawaska and Ottawa rivers in Arnprior. Gold the sunshine and fields of corn around Arnprior. Brown the access of farmland in the area and Green for Gilles Grove and Surrounding forests and trees. See <https://www.arnpriordistrictquiltersguild.com/about.html>

Bonnie Hunter, Quiltville, Inspiring, lots of quilts & free Patterns, <https://quiltville.com/index.html> Blog 'Scrappy Trips Around The World' How to Steps 2005 <https://quiltville.com/scrappytrips.html>

Block size: 12 ½ by 12 ½ inch Square Unfinished.

Fabric Required: 6 strips, 2 ½ inches wide and 16 inches or longer.

Requested Fabrics: 1 to be the Focus in Solid or Tone on Tone - Dark Green, Brown, Gold or Blue.

And 5 strips of scrappy prints, maybe somewhere a little of any Dark Green, Brown, Gold and Blue.

Tips which will help you make this Block

- 1 Use a Cardboard or Form board 16 in sq., a kitchen tray will do fine, or a 'Block Design Board'
How to Make a Fast and Easy 'Block Design Board', see instructions included on page 3.
- 2 Have on hand 6 clips or cloths pin, using these will help keep the Units in the correct order.
- 3 Sew the Strips in alternate directions to keep the seams in the block from becoming 'bowed'.
- 4 Back stitch at the start and end of each seam, this will help prevent unraveling.
- 5 Press strips before starting, then Do Not press until Step 9 is completed, press finished Block.
- 6 You will need a sharp blade; in Step 5 you will be cutting through several seams.
- 7 You will need a sharp seam ripper for the unsewing in Steps 7 & 8.
8. Before sewing, arrange the strips, Strip 1-Focus with the 5 strips, the last strip nu 6 should be a contrast to strip 1-Focus, as this will create a visual effect in the final block and accentuate strip 1.
- 9 Resource: Free pattern 'Fat Quarter Scrappy Trip Around the world" by Farmers Daughter Stitches.
Link: https://farmersdaughterstitches.com/products/scrappy-trip-around-the-world-pattern-1?_pos=3&_sid=a21320f30&_ss=r . Explains Step 7 & 8 in more detail.
- 10 Read Steps 1 to 10 before starting.

Steps Refer to diagrams on next page

Sewing

Step 1. Press all strips flat and straight. Then clip strips to a Board to keep the 6 strips in order.

Step 2. Starting with Strip 1-Focus, add the 5 strips in the order you have on the design Board.
Sew each row in alternate directions to maintain a straight Strip unit, and Backstitch start / ends.

Step 3. Create a Tube by sewing the outside edges together using Strip 1-Focus and Strip 6.
Sew along the 16-inch edge, with right sides of strips to the inside and the seams on the outside.

Cutting

page 2.

Step 4. At the Cutting table, place the Tube down and flatten with your hands and keep it straight. The Tube should lay flat before cutting and then make a cut on one side to square up the edge.

Step 5. From the Tube Strip. Cut 'Loop' units each 2 ½ inches wide, you need 6 Loop units.

Un Sewing

Step 6. Clip the 6 loop units to your design board, all with the Focus Fabric square at the top.

Step 7 Work with one unit at a time. Select Loop 1 and remove the stitching between Fabric 1-Focus and the next fabric square, this will create a Chain Strip with the Focus fabric as the top square. Clip the Chain Strip 1 into the number 1 position on the Design Board.

Step 8 Next, select another Loop from the Board and un sew between the 2nd and 3rd squares, this becomes Chain Strip nu 2. The best way to check if you are unstitching between the correct pair of squares is to look at the position of Fabric 1-Focus these squares should be a Diagonal line from the top corner to the bottom corner. Also, the last fabric print on the bottom of chain Strip nu 1 will be the top fabric square of Chain Strip nu 2, and this pattern repeats for the remaining chain strips.

Press

Step 9 Take Chain Strips to be pressed, and press one unit strip at a time, unclip, press, return.

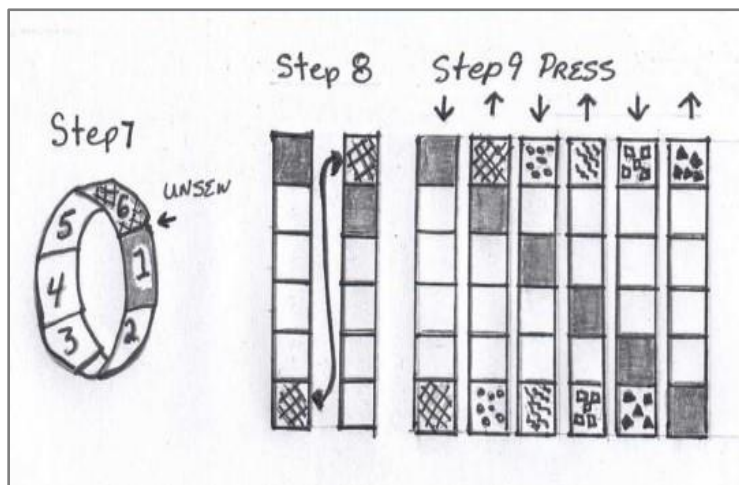
Press Chain strip 1 Down, chain strip 2 Up, chain 3 Down, chain 4 up, chain 5 down, chain 6 up.
Pressing the chain strips this way will create nested seams and a flatter finished Block.

Sewing the Units into a Block

Step 10 Sew Chain Strips together, again alternate sewing directions with each other unit, Press.

The final block should have the Focus Fabric as a diagonal line across the block.

Diagrams for Steps 7, 8 and 9.



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By Shirley Monkhouse, for ADQC BOM Feb 2025, (Jo Page Thank you for Testing & the Editing)



Make A Quilt Block Design Board Fast and Easy

Supplies:

Base- Cardboard or Foam Board.

Top – Cotton Flannel or Batting: cotton poly 80/20 % or cotton 100 %

Cutting tools- Heavy duty scissors or a Craft knife

Edging- Cotton Binding strip- Iron as a Double Folded or Fabric Ribbon or Duct Tape (colours)

Glue stick - a regular kind will do.

Adhesive- Steam a Seam or Heat & Bond if using a binding strip or ribbon

What size of Design Board do you want to make?

This Board will hold a version of a Quilt block for pieces as parts and units - 'exploded' form.

A Board for a 10 in quilt block make a 14 in sq board, for a 12” quilt block make a 16 in sq. size.

Steps

Step 1. Cut out the Base board to the desired size, Cardboard or Foam Board.

Step 2. Cut the Cotton Batting or Flannel larger than the size of the cut out Base Board.

Step 3. Using the Glue stick, lightly glue one side of the Base board- all over and around the edge.

There is no need to use a lot of glue as the 2 pieces will stay together with light glueing.

Step 4. Place Batting or Flannel onto the glued Base Board and press with hands to nicely flatten.

Step 5. Wait a few minutes, then trim Batting or Flannel all close to the Base Board edges.

Step 6. Add Edging. With the cotton binding or Ribbon and use narrow strips of heat set adhesive.

Start By adding the Binding or ribbon to the Front, over the batting or flannel and working with your iron on the setting in the instructions, heat set in place going all the way around. Miter the Corners.

To finish, cut the strip or ribbon about ½ inch to 1 inch longer, fold over raw edge and stick down.

Flip over, to work on the back, repeat step 6. ***Be careful not to burn your fingertips with the hot iron.***

Alternative: Using Duct Tape, repeat Step 6, miter corners and tidy up the tape end with a fold over.

Online sources to view more 'How To' instructions:

RSIsland Crafts, Design Boards No Hot Glue!!-<https://www.youtube.com/watch?v=U0HLswv8W34&t=303s>
(Robin demos a detailed explanation on how to make and add double folded binding strip with Heat & Bond)

Out Of The Blue Quilts (Blog)- <https://outofthebluequilts.com/quilt-block-design-board-tutorial/>

Laurie Holt, Design Board (Original) - <https://www.youtube.com/watch?app=desktop&v=uO-fosn6Yfs&t=6s>

Laura, Sew Very Easy (You tube) Traveling Quilt Board - <https://www.youtube.com/watch?v=CmapDP3COaQ>

Laura, Portable Easy to make Design Wall 3-Sided Display- <https://www.youtube.com/watch?v=HPJW44Si6as>

Pride and Joy Quilting, DIY Foamboard & Duct Tape-<https://www.youtube.com/watch?v=usjhRZOQhMM>

For Arnprior District Quilt Guild by Shirley Monkhouse, Dunrobin, February 2025.

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